

LENT 2025



2025 Living Lent			WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			5  Jesus wants to be your Friend. This Lent, turn away from what is wrong and come closer to Him. ASH WEDNESDAY MARCH	6  Put your favorite toys or games in a box. On top, write "Goodbye for Lent. See you at Easter!" Give Mom the box.	7  Give up something you like (TV, ice cream) today and offer it for someone in need.	8  Decorate a candle and light it when your family prays.
SUNDAY	MONDAY	TUESDAY				
9 1st Sunday of Lent  "You shall worship the Lord, Your God, and Him alone shall you serve." Luke 4:8	10  Go somewhere QUIET, think about JESUS, and tell Him, "I love You!"	11  Go on a walk today and see all the beautiful things God made for us!	12  Forgive someone for something that made you feel sad or hurt your feelings.	13  "LORD, make me an instrument of Your peace." Today, keep quiet when you want to say angry words.	14 Have members of your family write their names on pieces of paper and put them in a bowl. 	15 Draw names to find your secret friend for Lent! Do special things (write notes, give little gifts, offer prayers) for your friend, and give him or her a card on Easter Sunday!
16 2nd Sunday of Lent  His face changed in appearance and his clothing became dazzling white. Luke 9:29	17  Saint Patrick gave his heart to Jesus and brought the Gospel to Ireland. Today, tell someone, "God loves you!"	18  Clean your room without being reminded.	19  Jesus, the carpenter's son, honored Joseph His father. Today, do something special for dad!	20 DRAW A PICTURE of Jesus on the cross with sad people, and one of Jesus risen with happy people!	21 Make a Giving Box by decorating a little box with a slot in the lid. Put a jar of coins nearby. Whenever anyone does a kind deed, they secretly take a coin from the jar and put it in the box. Give the money to the poor on Easter Sunday. Read Luke 6:38.	22 
23 3rd Sunday of Lent  "Whoever drinks the water I give will never thirst." John 4:14	24  Read Psalm 23 with your family—The Lord is your Shepherd.	25  Thank your Mom for being a great Mother. Read about Jesus' mother in Luke 1:26-38.	26  Gather some clothing and give it to the poor.	27 New Life Seeds!  Poke holes in the bottom of a small transparent container. Add potting soil and plant beans or seeds. Just as Jesus died, was buried, and rose again, so the seeds will come to new life! Read John 12:24.	28 	29 Make a list of 10 things you are thankful to God for. Then tell Him!

The Sacrament of Penance and Reconciliation

(Also called **Penance**, **Reconciliation**, or **Confession**) is one of the seven sacraments of the Catholic Church (called **sacred mysteries**), in which the faithful obtain absolution for the sins committed against God and neighbour and are reconciled with the community of the Church. By this sacrament Catholics are freed from sins.



When we go to Confession we speak to Jesus through our Priest. Everything we say in Confession is **private**.

We remember bad things that we've said or done and that we feel sorry for, and we promise to be better and more like Jesus in the future. The Priest then absolves you of all your sins and gives you a penance, usually some prayers to say.

As well as Confession we have two Penitential Services, one at Easter and one at Christmas, where families can come.

You mention to the Priest, one area in your life that you need forgiveness for.

We say a penance together and you don't mention how long since your last confession.

Easter Word Search

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ANGELS
 APOSTLES
 BETRAYAL
 BLOOD
 CALVARY
 CROSS
 CROWN OF THORNS
 CRUCIFIXION
 DARKNESS
 DEATH
 EARTHQUAKE
 EASTER
 GOLGOTHA
 HIGH PRIEST
 JESUS CHRIST
 JOSEPH
 JUDAS ISCARIOT
 KING
 LAMB

MARY
 NAILS
 PASSOVER
 PIECES OF SILVER
 PIERCED
 PILATE
 RESURRECTION
 ROBE
 ROMANS
 SACRIFICE
 SIMON OF CYRENE
 SOLDIERS
 SON OF GOD
 SPEAR
 STONE
 TEMPLE
 THIEVES
 THREE DAYS
 TOMB

LENT - Wednesday 5th March to Thursday 17th April.

Lent is the 40 weekdays from **Ash Wednesday** until **Easter**.

It is a period observed by Christians to prepare for **Easter**, involving fasting and penitence. In the **Catholic** Church **lent** runs until the Thursday before **Easter** (Holy Thursday).



During this period we will be handing out Smarties tubes.

We want you to enjoy them and we invite you to try to fill the empty tube with 20 pences (parents can help) and hand them in at the Easter Mass. If you do, we will give you a chocolate egg.

The money we raise will be added to the donations from the Lenten Lunches and given to -

CAFOD Catholic Agency for Overseas Development

Palm Sunday



The story of Palm Sunday is told in the Gospel of Matthew. The Gospel tells the story of Jesus' triumphant ride into Jerusalem on the back of a donkey.

As Jesus and his disciples walked towards Jerusalem, he sent two disciples ahead, telling them to find a donkey and a colt. {A young Horse} The disciples brought the animals, laying their

cloaks on the donkey so that Jesus could ride.

As he rode towards Jerusalem, people laid cloaks and palm branches on the road in front of him, shouting, "**Hosanna to the Son of David,**" and "**Blessed is He who comes in the name of the Lord.**" When he entered Jerusalem, a huge crowd welcomed him, waving palm leaves and shouting "**Hosanna,**" because they supported Jesus and his message.

Arriving at the temple in Jerusalem, Jesus healed the blind and the sick; however, at the same time he aroused the suspicion of the priests, who heard children shouting in the temple area calling out, "**Hosanna to the Son of David!**" { **Hosanna means 'Praise be God'** }

What is Prayer?



We asked a number of young people and their parents in our parish as well as in South Africa, what they think prayer is.

Their answers were very interesting.

- It's how I talk to God - Having a chat with God
- Listening to God talking to us – Reflecting.

WHY DO WE PRAY?

We ask for things we want or need. We pray for people like family members who are sick or in trouble. We talk to God when we are worried or upset. We say 'thank you' for good things in our lives; things that make us happy. We especially say that we love, honour and praise God.

HOW DO WE PRAY?

WE PRAY WITH OUR MOUTHS.

We pray in our own words (private prayer) or with set words (common prayer). Private prayer is just like talking to a friend. It's very easy to do because we can pray anytime, anywhere and in any language. Sometimes we read prayers on birthday or sympathy cards and even on social media.

We say common prayers when we come to church or pray in a group. Some common prayers are the **Our Father, Hail Mary, Glory Be, the Sign of the Cross** and the greatest prayer of all - the **Mass**. They are important because we say them together and feel united even with people from other countries.

DID YOU KNOW ?

Lent is an old English word meaning 'lengthen'. Lent is observed in spring, when the days begin to get longer.