



CATHOLIC PARISH OF EAST PRESTON WITH ANGMERING
CHURCH OF OUR LADY, STAR OF THE SEA
 VERMONT DRIVE,
 EAST PRESTON, BN16 1JU
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 Rev. Allan Veness, Deacon *Tel: 770292*
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This is what Yahweh asks of you:
 only this,
 to act justly,
 to love tenderly,
 and to walk humbly
 with your God.



4th Sunday of Lent:
Sundays & Solemnities: Year A - Weekdays: Year 2

Saturday 14th March	6:00pm Mass	<i>People of the parish</i>	1 st Mass of the 4 th Sunday of Lent Sacrament of Reconciliation 5:15pm – 5:45pm
Sunday 15th March	10:00am Mass	<i>Peter Mustow</i>	
Monday 16th March	10:00am Mass	<i>Private intention</i>	
Tuesday 17th March	10:00am Mass	<i>Fr David Rea RIP Anniv</i>	Feast St Patrick
Wednesday 18th March	11:00am Mass	<i>Anointing of the sick</i>	Adoration will start after 11:00am Mass Sacrament of Reconciliation 5:15pm – 5:45pm
Thursday 19th March	10:00am Mass	<i>Maura Doocey & family</i>	St Joseph, Spouse of the Blessed Virgin Mary
Friday 20th March	11:00am Mass	<i>Victims of Poverty</i>	Stations of the Cross followed by Mass & Lenten Lunch
Saturday 21st March	6:00pm Mass	<i>People of the Parish</i>	Sacrament of Reconciliation 5:15pm – 5:45pm 1 st Mass of the 5 th Sunday of Lent

BAPTISM COURSE: The continuation of our Baptism Course will take place on Tuesday 24th March from 6:00pm – 7:00pm in the Parish Hall. Parents can arrive from 5:45pm onwards. Deacon Tony.
tony.kinal@abdiocese.org.uk

LENTEN MASSES, STATIONS OF THE CROSS AND LENTEN LUNCH: On each Friday during Lent, Stations of the Cross will start at 11:00am, followed by Mass and then Lenten lunches.

EVENTS THIS LENT 2026:

Anointing of the Sick; This Wednesday 18th March 11:00am.

Parish Reconciliation Service; Wednesday 25th March 6:00pm. Fr Chris and Fr Liam will be joining us Do your best to support one of our most important Lenten events

TIMES OF HOLY WEEK SERVICES; THE EASTER TRIDUUM:

Maundy Thursday 2nd April 8:00pm Mass of the Lord's Supper.

Good Friday 3rd April 3:00pm Solemn Liturgy of the Lords Passion.

Holy Saturday 4th April 7:00pm Solemn Vigil of Easter.

Not three separate liturgies '**But three parts of one whole**' Please join us in welcoming Sophie Hicks, Matt Ford and Tasmin Connick into full communion with the Catholic Church. Let us keep them and each other in our prayers that we may all be open to the many Graces the Lord is offering us in this Sacred Season.

ST PATRICK'S DAY 17th MARCH: Come along for a sing song and enjoy some Irish music on this special day from 4:00pm in the Church hall. If you want to be seen wear some green! Please bring a dish to share and any type of drink for your table. Teas and coffees will be supplied. Volunteers would be appreciated. Any queries please phone 01903 856111, Mick.

GOOD FRIDAY SILENT WALK OF WITNESS: 11:00am Friday 3rd April. This year we start at our own church and finish at St Mary's (Tea, coffee and hot cross buns will follow) Try to join us for one of the most important Ecumenical events of the year

NEW CHAIRS FOR THOSE WITH MOBILITY ISSUES: We are most grateful to the Bethany Community who have most generously purchased 10 new wooden chairs with arms and cushioned seats. Please note these new chairs are intended for parishioners who find it difficult to receive Holy Communion at the Altar. Those wishing to stay in their seats are encouraged to sit together on these new chairs. This will ensure that the distribution of Holy Communion is carried out in an orderly and reverent way.

CAFOD: More envelopes now available. Although family fast day is behind us, we are encouraged to use them throughout lent.

WELCOME: To any visitors to our Church today. There will be tea and coffee after Mass on Sunday.

NOTICE: Gluten free hosts are available in the Sacristy, if you need one just pop in and ask.

IN YOUR CHARITY PLEASE REMEMBER OUR SICK IN YOUR PRAYERS: Marion Powell; Michael Davis; Malcolm Grey; Nathalie; Simone Godfrey; Graeme Solomon; Nora Ashworth; Lionel Labiche; Olivia Physick and her family; Michael - a close friend's husband of Veronica Kelly; Mike & Annette Jones; Jim Hextall; Victor Bagley; Tony Fowler; Neil Hardingham; Giovanni and Astrid - Celeste's brother and niece; Paul Levy; Gerald Hunt; Victor Bellamy; Maureen Ayres; Ann Fagan; Carole Costa; Juliet's daughter-in-law Lizzie Gibson-Bell; Wendy Milledge; Lorraine Arnold's sister Stephanie Price; Doreen Hutchins; Bernadette Doyle - Oliver Powell's niece; Margaret Heaney's brother-in-law John Erwin; Sylvia Whitenee; Evelyn Cumiskey and all who have lost a loved one during the year. If you know of anyone who needs our prayers, or no longer needs to be on the prayer list, please let Veronica know (772107).

ARK BABY AND TODDLER GROUP: Meets at 10:00am on Monday's during term time in the Church Hall.

WHIST: Is getting together this Monday 16th and Wednesday 18th March in the Church Hall at 1:30pm. Dennis Leader (07772 600262).

TABLE TENNIS GROUP: Are you stuck at home wondering what to do on a Friday afternoon? Well, here's your chance, have a go at table tennis! Not for you? You may be pleasantly surprised! You'll meet lovely people and play. No bat, no ball? We have them all! Give us a go. Church Hall, 2:00pm. Marion Powell (775282).

LECTIO DIVINA: 1 Sam 3:9 "...Speak, Lord; your servant is listening..." Join the Lectio Divina group (Friday's 7:00pm – 7:40pm email wardveronica49@gmail.com for the zoom link). Not a bible study; the Living Word speaking into our hearts.

CONTACTLESS CARD TERMINAL: Is located on the right-hand side of the Narthex as you leave the Church. Visitors and Parishioners can use the terminal at any time either before or after mass. It has a push button screen, is very easy to use and can record Gift Aid. If you have any questions, please contact Simon Davies on Simon.davies1953@btinternet.com

SECRETARY NEEDED: For the hall committee meetings (10:30am – 11:30am on 21st April, 23rd June, 22nd Sept, 24th Nov) to take the minutes and email to group leaders. Please call/text Celeste 07779076069.

EAST PRESTON FESTIVAL: Our Church is taking part in the 2026 East Preston festival parade - we (Tracey, Laura and Charlie) need 20 people to join us to hand out flyers and to join in with the music and fun. Children and parents we especially need your energy and enthusiasm! Please email Tracey (before the end of March) to register your interest and you'll receive info about practices and decorating our float (Noah's Ark!). The parade should be on 13th June. Let's show EP what an amazing community we are! Email: Tracey la_luna@talk21.com

CUPPA AND CAKES: Our annual fundraiser for Barnabas House will take place on Wednesday 10th June 10:00am – 12:00pm. If you are able to offer help, or want to make a donation, contact Celeste 07779076069.

ST MARY'S EAST PRESTON: Please see the information leaflet of forthcoming events at St Mary's Church East Preston. All our welcome.

GRANDPARENTS' FORMATION DAY: Thursday 23rd April 10:00am – 4:00pm at St John the Evangelist parish hall, Horsham. Join us for what promises to be a wonderful, engaging and affirming day with guest speaker, David Wells. You will be able to listen to the inspirational experience of David Wells as evangelist, father and grandfather. A chance to meet with people from across the grandparent network of the diocese and those who are keen to bring the faith to the next generation. To register, go to

<https://abdiocese.churchsuite.com/events/pgvaejne> if you have any questions about the day please contact Deacon Simon South, Diocesan Marriage & Family Life Adviser simon.south@abdiocese.org.uk

NOTICES FOR THE NEWSLETTER AND WEBSITE: Please email me all items for the newsletter or website on wardveronica49@gmail.com or phone Veronica (772107) by the end of Wednesdays. Thank you.

Readings for next Sunday 22nd March – 5th Sunday of Lent:

Ezekiel 37: 12-14. Romans 8: 8-11. John 11: 1-45.

LAST WEEK'S COLLECTIONS:

Offertory: £327.64. Gift Aid: £62.

This does not include online offertory.

In addition, we receive just over £1,850 per month from parishioners who donate by standing order.

Thank you for your continuing generosity.

For those unable to attend our own reconciliation service on the 25th March the following are available:

Parish	Date	Time
Littlehampton St Catherine's	Tuesday 17 th March	7.00pm
Goring-by-Sea English Martyrs	Thursday 26 th March	7.00pm
High Salvington St. Michael's	Sunday 29 th March	3.00pm