



CATHOLIC PARISH OF EAST PRESTON WITH ANGMERING  
**CHURCH OF OUR LADY, STAR OF THE SEA**

VERMONT DRIVE,  
EAST PRESTON, BN16 1JU

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This is what Yahweh asks of you:  
only this,  
to act justly,  
to love tenderly,  
and to walk humbly  
with your God.

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## **16<sup>th</sup> Sunday of Ordinary Time:**

**Sundays & Solemnities: Year B - Weekdays: Year 2**

**SAT 20<sup>th</sup> July. - 6:00pm Mass.**

**SUN 21<sup>st</sup> July. – 10:00am Mass.**

**MON 22<sup>nd</sup> July. – No Mass or Service.**

**TUES 23<sup>rd</sup> July. – No Mass or Service.**

**WED 24<sup>th</sup> July. – No Mass or Service.**

**THURS 25<sup>th</sup> July. – No Mass or Service.**

**FRI 26<sup>th</sup> July. – 9:40am Novena – 10:00am Mass.**

**SAT 27<sup>th</sup> July. – 6:00pm Mass. – First Mass of the 17<sup>th</sup> Sunday of Ordinary Time.**

**PLEASE CONTINUE TO PRAY:** For all the sick in our Parish family and those who are suffering at this time including: Marion Powell who recovering from a bad fall; Diana Long; Mary Fiddimore; Celeste's brother Giovanni Perez; Marjorie Linale; Juliet's daughter-in-law Lizzie Gibson-Bell who has Leukemia; Wendy Milledge; Lorraine Arnold's sister Stephanie Price; Doreen Hutchins; The Powell family; Margaret Heaney's brother-in-law John Erwin; Sylvia Whitenee; Evelyn Cumiskey and for all families who have lost a loved one during the year. If you know of anyone who needs our prayers, or no longer needs to be on the prayer list please let Veronica know (772107).

**WELCOME:** To any visitors to our Church today. Coffee and tea will be served in the hall after Sunday Mass, all are welcome. (Our Lady Star of the Sea is a Fairtrade Parish).

**PLEASE NOTE:** Gluten free hosts are available in the Sacristy, if you need one just pop in and ask.

**ARK PARENT AND TODDLER GROUP:** Meets at 10:00am on Monday's during term time in the Church hall.

**TEA, CHAT AND SCRABBLE:** Next meets this Monday 22<sup>nd</sup> July in the Church hall at 2:00pm. Rita (850304).

**WHIST:** Is getting together this Monday 22<sup>nd</sup> July at 2:00pm at East Preston Library. Dennis Leader (262184).

**NEW BEGINNINGS:** A support group for widows meets this Tuesday 23<sup>rd</sup> July in the Church Hall at 12:30pm. For more information please ring Rita (850304).

**KNITTING GROUP:** Will meet this Wednesday 24<sup>th</sup> July 2:00pm – 4:00pm in the Church hall. Newcomers welcome. Bring your own project to work on or join in with the latest group project. If you can't knit/crochet but want to learn, we can help! Veronica (772107).

**SILVER SONGS:** Was due to meet on Thursday 25<sup>th</sup> July, unfortunately this has had to be cancelled, but will take place the following week on the 1<sup>st</sup> of August.

**TABLE TENNIS:** Will meet at 2:00pm this Friday 26<sup>th</sup> July in the Church Hall. Newcomers and beginners welcome. Mick Curran (856111).

**SHARED SUPPER:** Will next be on Saturday 27<sup>th</sup> July after the 6:00pm Mass. If you would like to participate, just arrive with your offering and put it on the table in the hall. This invitation is open to all Parishioners who attend Mass on Saturday or Sunday as an opportunity to build our community. Celeste (07779076069).

**HELP!:** Twice a year we do a deep clean of the hall, kitchen and storage area. This will take place on Monday 29<sup>th</sup> July 10:00am – 12noon. If you are able to help, please let me know. Many hands make light work! Celeste (07779076069).

**CHILDREN'S LITURGY:** The Children's Liturgy Group will meet for the last time, before the summer break, this Sunday 21<sup>st</sup> July. It will resume on Sunday 1<sup>st</sup> September.

**MASS INTENTIONS REQUESTS:** It is good to see that Parishioners are making full use of the forms provided in the Narthex. On occasions, there has been more than one request for the same date which is not possible. Please check the calendar in the Narthex for Mass intention requests. This will indicate the availability or otherwise of dates for such requests. If your particular date has been taken, please choose an alternative free day. Many thanks for your co-operation. Deacon Allan for the Clergy Team.

**LECTIO DIVINA:** 1 Sam 3:9 "...Speak, Lord; your servant is listening..." Join the Lectio Divina group (Friday's 7:00pm – 7:40pm email [wardveronica49@gmail.com](mailto:wardveronica49@gmail.com) for the zoom link). Not a bible study; the Living Word speaking into our hearts.

**PLANNED GIVING AND GIFT AID:** Donating by standing order is the most effective and efficient way of providing financial support for your Parish and over 50 parishioners already make their offertory donations in this way. Giving under Gift Aid is also a great benefit, adding 25p for every £1 donated.

**CATECHISTS' DAY:** Will take place on Saturday 21<sup>st</sup> September from 11:00am till 4:00pm at Worth School and Abbey. For all catechists and those involved in adult formation across our parishes: a day of formation, reflection and networking. Refreshments available from 10.30am. During the day, we will be spending time reflecting on our personal faith and our role in passing on that faith to others. We will hear inspirational talks and have time to reflect and share with others in the beautiful setting of Worth. To sign up follow the link:

<https://abdiocese.churchsuite.com/events/2worn7dx>

**MARRIAGE ANNIVERSARY MASS:** Is on Saturday 12<sup>th</sup> October at Arundel Cathedral from 11:30am to 2:00pm. Are you celebrating an anniversary with a particular significance for you this year? Bishop Richard will celebrate Mass at 11:30am followed by a small drinks reception. Please join us for a wonderful opportunity to renew your wedding vows and revel in the joy that marriage can bring. Family and friends are very welcome. The venue is wheelchair friendly with a number of disabled parking spaces. To sign up go to:

[abdiocese.churchsuite.com/events/70tzo4jq](https://abdiocese.churchsuite.com/events/70tzo4jq)

**NOTICES FOR THE NEWSLETTER AND WEBSITE:** Please can all notices for the newsletter or articles for the website be emailed to me on [wardveronica49@gmail.com](mailto:wardveronica49@gmail.com) or phone Veronica (772107) by the end of Wednesdays. Thank you.

**Readings for 17<sup>th</sup> Sunday of Ordinary Time:**

**2 Kings: 4: 42-44. Ephesians 4: 1-6. John 6:1-5.**

**LAST WEEK'S COLLECTIONS:**

*Offertory: £279.76. Gift Aid: £64.*

*Second collection – Stella Maris: £655.65.*

*This does not include online offertory.*

*Thank you for your continuing generosity.*

**Prayer for Peace in Ukraine:**

God of peace, your prophet Isaiah promised swords would be turned into ploughshares, and your Son's mother, Mary, proclaimed the mighty would be put down and the humble exalted: visit the people of Ukraine; deliver them from fear, violence, attack, injury, destruction, death; and give them courage, solidarity and allies in their hour of vulnerability and sorrow. Turn the hearts of those bent on war and invasion. Strengthen the hand of all seeking to halt conflict, restore order, and pursue justice. And make this moment of peril an occasion for your Holy Spirit to show your world the cost of conflict and our dependence on one another. In Christ our Lord, who went to his death because of our hatred, and rose again because our hatred is never stronger than your indomitable love. Amen.

(Bishop Kenneth Nowakowski Ukrainian Catholic Church).